



## **RCRC Youth Code of Conduct**

RCRC operates on the philosophy that all club members have the right to learn the sport of rowing. To do so each member needs a climate that is satisfying and productive. Rowers in particular have a tradition of excellence on and off the water. We expect all club members to represent their club, region, and community with dignity, respect, and good sportsmanship.

This document presents guidelines for maintaining such an atmosphere during practice, regattas, and other club sponsored events. This is an agreement between club members and RCRC with regard to responsibility and conduct of the member while on RCRC property, while in attendance at all regattas, and at any club sponsored event.

### **ATTENDANCE AND PUNCTUALITY**

- Remember that rowing is a team sport – we all depend on each other. When a rower or coxswain, who has made a commitment to a boat and does not come to practice it upsets the entire boat.
- Once you have committed to a practice please be in attendance. Rowing will take place in all kinds of weather, including rain unless canceled for unsafe conditions.
- It is a rowers responsibility to prepare your boat for practice. Arrive before stated rowing time and stay until all equipment has been cleaned and stored.

### **PROTECTION OF PROPERTY**

- Respect the equipment and the facility. Please treat the boats with care. Broken equipment would keep us from practicing as well as being expensive to replace. Please let us know if you notice broken equipment so that we can repair it as soon as possible. Damage due to negligence may incur costs on the members involved.

### **APPROPRIATE BEHAVIOR**

- Respect coaches, team members, and other people who share the facility and expect to be treated with the same.
- Sarcasm, insulting, belittling of others or otherwise offensive behavior will not be tolerated. This standard applies to all forms of communication, including personal contact, e-mails, texting, social media, and messaging apps. Use age and situation appropriate content and tone in conversations.
- Members should be praised for their work. Compliment others on doing a good job and be positive. If their performance is poor, it should be handled privately with constructive criticism and without negative reinforcement.
- Operate with honesty and integrity. Honesty means that we are truthful to each other and always tell the complete story. Integrity means that everyone works together toward a common goal.
- Use of communication, media, processes, or mechanisms, e.g. email lists, Twitter, website, YouTube, snapchat, messaging apps, etc. cannot be used for inappropriate purposes with respect to the team or any RCRC youth or adult members.

